

Holy-days



Prayer Leader:

This week we are thinking ahead to the summer holidays and planning how we can make our holidays truly 'holy days'.

Yesterday we learned that to be happy, we must worship God. Today we're thinking about how we can praise God. David writes about this in Psalm 34:

Reader:

*'I will praise the Lord at all times.
His praise is always on my lips.
My whole being praises the Lord.
The poor will hear and be glad.'*

Psalm 34: 1 - 2



Prayer Leader:

To praise God means to thank Him for all the wonderful things He has done for us – and we can praise God all the time! David wrote, ‘His praise is always on my lips’. Think: are your lips always ready to offer praise to God?

Traditionally, people have put aside time to praise God through song and music too. Your activity for this week, or to add to your ‘holy days’ list, is:

**To make your own musical instrument
to praise God with!**

Let’s finish in prayer together:

All:

Dear God,

**Thank you that with you,
every day can be a ‘holy day’.**

Help me remember to praise you.

Amen

